



Reflection Activity

WHAT DO WE WANT FOR YOUNG PEOPLE?

Think of a young person you know:

- How do you know that they are healthy or that they are moving forward on a “positive” path?
- What can they do, and how do they interact with others?
- How do they negotiate the world?
- What skills and attributes do they have? What skills and attributes are they developing?

Draw a picture of a young person, combining your ideas. Use colors, symbols, and designs (no words).

Review the list skills and attributes below:

- Confidence
- Relationship/social skills
- Organizing skills
- Leadership skills
- Ability to connect with others
- Appreciating diversity
- Sense of responsibility
- Respect for the environment
- Ability to control behavior

Did any of your ideas expressed in your drawing match the list above? What other ideas did you have through creating your drawing? Create your own list below of ways you know the young people you know, and care about, are thriving and “on a positive path.”

Use the list to the left and your own words/ideas:
